



PADDLER REGISTRATION FORM

Valley Wide Kayak Club and The Soboba Band of Luiseno Indians Present

7th Annual Women's *"and some guys too"* Charity Paddle & Kayak Event

Saturday, August 23, 2008

10:00 a.m. to 12:00 p.m.

An Event of the Valley Wide Kayak Club and Lake Hemet Municipal Water District

Thank you for your interest in the Women's, and some guys too, Charity Paddle 2008. We are excited about the opportunity to raise money to send children with cancer to the beautiful Camp Ronald McDonald for Good Times where they can have fun and be kids, forget their fight for survival for a while, and have the kinds of experiences that make childhoods memorable.

Lake Hemet Municipal Water District owns Lake Hemet and there are a few rules we must follow. First, kayaks must be the sit-inside style. No inflatables or sit-on-tops are allowed. Kayaks must be ten feet or more in length. PFD's are required. Only women sixteen years of age and older may paddle alone but younger girls may paddle in tandem kayaks with an adult. And most important, each paddler must complete a Non-Water-Body Contact class and earn a VWKC "Non-Water Body Contact" card. The card must be shown to enter Lake Hemet and displayed on each paddler while on lake. The class includes instruction in dry entry and exit (to avoid contact with the water), assisted and self-rescues, and tips on ethics and kayaking with fishermen. Training classes will be offered by the Valley Wide Kayak Club. The time and place of the classes will be on the VWKC website www.valleywidekayakclub.org and mailed to you along with your donor form and envelope following your registration. T-shirts and awards will be presented at the awards ceremony following the event.

Please complete the form below, make your registration check for \$25.00 payable to Camp Ronald McDonald for Good Times and mail to the address below. Thank you for wanting to help raise funds for this worthy cause. If you have any questions, please call Nancy Austin at 951-658-7319.

Check Here if You Have a Non-Water Body Contact Card

NAME _____ DATE _____ AGE _____

MAILING ADDRESS _____

CITY, STATE, ZIP _____

EMAIL ADDRESS _____ EVENING PHONE _____

DO YOU HAVE A KAYAK? _____ KAYAK MAKE, MODEL, SIZE _____

I NEED TO BORROW A KAYAK FOR THE EVENT : _____ YES _____ NO

**Make check payable to: Camp Ronald McDonald for Good Times
Give check and form to: Nancy Austin, 2197 Fruitvale, Hemet CA 92545 951-658-7319**